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Achieving Excellence Together in a Caring Community

Policy for Physical Education (P.E)

Policy Date: September 2020

Review Date: September 2023

Statement of purpose:

At Dorchester Primary School we believe that our central purpose is to provide an inclusive education, giving all children equal opportunities to access all areas of the curriculum, irrespective of any differences of ability, race or gender.

Definition:

It is a balanced programme that covers the elements of Gymnastics, Games and Dance, Swimming, Athletics and Adventurous activities.

Aims:

- To promote physical development and an enjoyment of sports and health activities.
- To develop the appreciation of fair play, honest competition and sportsmanship.
- Establish self esteem through the acquisition of physical confidence and appreciate differences, strengths and weaknesses in themselves and others.
- To learn how to select and apply skills and compositional ideas through thinking creatively and strategically.
- To show initiative in improving their work by reflecting on achievements using knowledge from others and ICT.
- To develop an understanding of the effects of exercise on the body and value safety when exercising.

Methodology

PE teaching is divided into three main areas in the National Curriculum: Dance, Games and Gymnastics. Pupils are entitled to equal access to all three areas; they are closely inter-related and rarely occur in isolation. In Key Stage 2 children are also provided with two of the following three activity areas: swimming and water safety, athletics and outdoor and adventurous activities.

PE activities are organised at the discretion of the class teacher. Groupings of children may be individual, pairs, mixed or same ability groups or as a whole class.

SEND

All pupils at Dorchester Primary School are valued equally, irrespective of ability, race, gender, class and community. A graduated approach, working collaboratively with colleagues in school including the class teacher and SENCO, identifies and meets the needs of SEN pupils. We also recognise that gifted children have special educational needs. Individual teachers assisted by the Subject Co-coordinators devise ways in which the curriculum can be developed to meet the needs of exceptionally talented pupils.

- Children on the SEN/Gifted and Talented register will have work differentiated appropriately.
- The PE curriculum should fulfil the needs of all pupils in line with our Special Needs Policy.
- Resources will be chosen carefully in order to match the learning needs of all children.
- Learning Support/Teaching Assistants will be deployed to support the learning of all children.

Organisation

All Key Stage One and Two classes will have two weekly PE lessons; at least one of these sessions per week will take place outdoors. The whole school participates in the Daily Mile every day.

Time Commitment:

Key Stage 1: 120 minutes per week Key Stage 2: 120 minutes per week

Outcomes:

Implementation of this policy will support the children in their capacity to:

- fully participate in a programme of broad and balanced activities which are appropriate and challenging.
- work and participate on equal terms in a range of activities.

Resources

Please see resources list on the R drive. Resources are stored in labelled boxes in the P.E. shed. Most resources are bought through the Sainsbury voucher scheme. This is an annual event and needs to be advertised and encouraged in the school. The school follows the LBS P.E. scheme.

Assessment

Purposes, needs and methods of assessment are identified and developed in the school assessment policy. P.E. is assessed continually through observations. Individual reports at the end of year include a written comment for P.E.

Assessments are recorded using the schools foundation subject tracking sheets each term.

The assessment sheets will be handed to the P.E. Coordinator at the end of the year.

Monitoring/Role of Co-ordinator

This policy will be monitored by the P.E. co-ordinator regularly. The co-ordinator will also ensure that the policy is working in practice and review it each year.

The co-ordinator will ensure that

- the subject budget is managed
- resources are monitored and ordered where necessary
- children's work is reviewed and levelled where necessary
- they attend appropriate in service training to keep abreast of current developments and initiatives
- inform colleagues of new ideas and changes in their subject.

Health and Safety

All children must be in full kit for P.E. This comprises of:

- Purple t shirt (with Dorchester badge)
- Black shorts
- Black tracksuit bottoms (winter, outdoor games)
- Plimsolls (must be worn for indoor games)
- Trainers may be brought into school for outdoor games and then returned home.
- Long hair should always be tied back.
- Earrings should be taken out.
- Teachers should be a role model and be dressed appropriately to teach P.E.
- All gymnastics is undertaken on bare feet.

This policy is closely linked with the school's policies on Health and Safety, P.S.H.E., Computing, Music, Promoting Good Behaviour and Assessment.

It aims to ensure that the above objectives are met with consistency.

Adopted by staff and governors

September 2020