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*Achieving Excellence Together in a Caring Community*

March 2023

Dear Parents/Carers,

Sapphire Class will be having swimming lessons on Friday afternoons, for 10 weeks. They will be starting on the 19th April, and their last lesson will be on the 28th June (excluding the 31st May).

**This is part of the PE curriculum so all children are required to attend these lessons.**

The swimming lessons take place at Cheam Leisure Centre with experienced swimming instructors. Every year, we have everything from complete beginners to confident swimmers so please do not worry if your child is not confident in the water. The children will be grouped based on previous swimming experience/ skills to ensure the lessons are at the right level of challenge for them.

The children will need to wear a PE kit to school on a Friday and they will also need to bring a separate swimming bag (this can just be a carrier bag) to avoid them having to carry their school bags/ lunches etc there and back. **In this bag, they will need a towel and a swimming costume (a one piece for girls please - no bikinis) and we also recommend that anyone with long hair wears a swimming hat. This is to prevent having to walk back to school with wet hair. Goggles are optional but desirable.**

The children will need a water bottle and can bring an additional healthy snack for the walk back if they wish.

The children will be walking to and from the pool therefore you may decide that your child needs a warm coat and hat (depending on the weather forecast).

To get there on time we will need to leave just before the usual end of lunch (at 12:45pm). Our lesson is 1:30-2:30pm. We get out of the pool at 2.30pm, so it is possible we could be 5-10 minutes late back to school at the end of the day, especially to begin with.

We will need 1 or 2 parent volunteers to walk with us to swimming. When we arrive at the pool, Mrs Semmens will accompany the girls into the female changing room and Riad will accompany the boys. All parent volunteers must go up to the viewing platform and cannot enter the changing rooms/ sit on the poolside.

If you can volunteer for the walk to and from swimming, please email Miss Semmens ([csemmens@suttonmail.org](mailto:csemmens@suttonmail.org)) so you can liaise further. If you have any further questions, please just ask.

Thanks,

Mrs Rankin