

Education Wellbeing Service Webinar

Supporting Big Emotions at Home & School- The Zones of Regulation

The Primary Years are a time of rapid development and huge change; it is also a time where emotions can be expressed and experienced in many different ways.

This free session for parents of primary school children in South London schools looks at Emotion Regulation skills and strategies.

DATE / TIME

Tuesday 14th November 7.30-8.30 pm

Thursday 16th November 12.30-1.30 pm

LOCATION

Online - Hosted on Teams

Sign up to this event for free on Eventbrite (and check out our others!) by scanning the QR Code or following the link below:

[Click here to book](#)



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