



DPS News

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“Over the years, those who have seemed to me to be the most happy, contented and fulfilled have always been the people who have lived the most outgoing and unselfish lives.” Queen Elizabeth II

9th September, 2022

Dear Parents and Carers,

Welcome back! It has been lovely to have the children back in school this week. They have returned to school with enthusiasm, looking super smart and have settled into their new classes amazingly well – the teachers are all so proud of the efforts they are making with their learning. We are having a big push on high standards of presentation this year and the children’s books look awesome.

Next week, we are hosting Parent Welcome Meetings at the end of the school day to give you an opportunity to find out about everything that is going on in your child’s year group this year. You will also have an opportunity to see your child’s classroom and meet their class teacher and Year Lead. These meetings take place at 3:30pm and are expected to take around half an hour, on the following dates:

Year Group	Date	Location for meeting (you will be able to visit your child’s classroom after the meeting)
Year 1	Tuesday 20 th September	Rose Classroom
Year 2	Wednesday 21 st September	Buttercup Classroom
Year 3	Thursday 22 nd September	Amber Classroom
Year 4	Friday 23 rd September	Fern Classroom
Year 5	Tuesday 20 th September	Indigo Classroom
Year 6	Wednesday 21 st September	Amethyst Classroom

In order that you can attend the meetings childfree, we will supervise children of those attending the meetings either on the playground or in the studio hall depending on the weather– we will keep you up to date with arrangements for them on the day. The teams are looking forward to meeting you.

Mrs Glover will contact EYFS (Nursery and Reception) parents separately about meetings for them once the children have had a little longer to settle in.

We began this week with a whole school assembly discussing the lengths children go to in different countries across the world in order to get to school. The children thought about why school matters, and were impressed to see children hiking through snow drifts, walking across broken rope bridges etc just so they could have an education. They spoke about how important learning is and how grateful they are that they can get a good education so easily – wonderful messages to hear.

We then had what turned out to be a poignant moment at the end of that assembly when Tina from the office brought me an envelope that had just arrived, postmarked from Buckingham Palace and typed on Balmoral Castle letterhead. The letter was from a Lady-in-Waiting to Queen Elizabeth, thanking the children, on behalf of the Queen, for the colourful cards they sent to Her Majesty on the occasion of her Platinum Jubilee, accompanied by a thank you card for the children. Of course we had no idea at the time that we would be ending the week by saying goodbye to this amazing lady who has lived such a tremendous life of service. The children have had some time in their classes today to think about the Queen and remember, in thankfulness, all that she has given during her long reign. We join the nation in sending thoughts, condolences and prayers to the Royal Family.

Kind regards,

Cathy Bell

Headteacher



Upcoming Events

Parent Welcome Meetings

These are taking place week commencing 19th September. Dates, times and locations are included in Mrs Bell's letter above.

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Additional Holiday to mark the Queen's Funeral

It is expected that the day of the Queen's funeral (in 10 or 11 days time) will be declared a Bank Holiday; if this is the case school will be closed on that day. We will, of course, keep you informed as soon as we have any further information on this, although I expect it will be widely publicised in the media too.

Jeans for Genes Day

During the week of 19th – 25th September we will be raising awareness of genetic disorders. On Friday 23rd September we will again participate in Jeans for Genes day, when the children are invited to come to school wearing jeans, with their school uniform tops as usual. In light of the cost of living crisis, we will focus this year on raising awareness rather than fundraising, although we will have buckets at the gate for donations should you wish, and be in position to, make one. All children are welcome to come in wearing jeans regardless of whether or not they give a donation.



DPS Notices

Junior, Mini and Micro Duke Awards 2022



Further to the assembly delivered to the children on Wednesday and Following on from the huge success of our last year's Junior Dukes, please register your interest in signing up for this year! Kindly complete the following link below which should take you to a form to sign up initially with your **child's name, year group and class colour**.

<https://forms.gle/MCZSngaSBFizYuAy8>

If by clicking this link above it does not work, please past it into a new browser where it should then work fine.

Afterwards, you will then need to please pay the £10 sign up fee through Pay360 to complete your registration, using this link. <https://www.pay360educationpayments.com/Home>

The awards are designed to encourage **independence, confidence, resilience and self-motivation**, and is aimed at helping children from the age of 5 to 13 to learn and practise a large variety of life skills.

The £10 goes towards a beautiful booklet containing all the fantastic home learning activities which the children will use throughout the year to log their progress in. When they achieve 7 out of the 10 activities on offer, they receive a shiny badge and certificate in assembly! Completing 7 of of the 10 activities also means they will be able to attend the Junior Duke Awards Garden party which will take place in July 2023. Last year, we had a football star from Sutton United join us on the day to inspire the children - and we hope for someone equally inspirational to be there next year!

The children who took part over the last year were so proud of their achievements, and as teachers we were simply astounded by the effort and enjoyment the children put in and got out when tackling these home activities. They all had so much fun and learnt a wide array of new skills, learning about determination and resilience and simply being exposed to trying out new things like: cooking, baking, trip planning, budgeting shopping, sustainability projects, online safety, first aid and how to contact emergency services, learning new games, changing bike tyres - the list goes on!

We hope that, by taking part in the award scheme, you and your child will find new ways to spend time together as well as sharing experiences and learning new skills.

Find out more about the awards here - <https://juniorduke.com/>

We really would love and encourage all of our pupils to take part in this fantastic award scheme this year. If your child would like to take part but the £10 contribution is a barrier to this, please do drop the office, or me (ddennis14@suttonmail.org) an email and we will see what we can to help.

We cannot wait to get started again with the awards!





DPS Notices



**Saturday 1st October
3pm-5pm**

@ Christ Church with St Philip Worcester Park,
Ruskin Drive, KT4 8LG

**An hour of crafts and activities followed
by stories, songs, prayer and food. Fun
for all the family.**

Spaces are limited so booking is
advised, book online:

<https://www.eventbrite.co.uk/e/messy-church-tickets-407265059757>



Everyone welcome.

All Children must be accompanied by an adult.
For more information contact Hannah: revhannaht@hotmail.com

Lunch Hall

Please may we kindly remind all parents and carers to have a conversation at home about the importance of tidying up after ourselves when in school. This could mean any packed lunch leftovers or rubbish either put in their lunch boxes or in the bins on the playground, or in the lunch hall where all cutlery, cups and plates need to be carefully put in their correct places in the cleaning station after and excess food has been scraped into the bins. If everyone does their small bit to look after their own individual mess, it makes life so much better for everyone.



Class Notes

We are all so very happy to have all of our wonderful pupils

BACK TO SCHOOL



Please may we remind everyone to get involved with



Why read for 20 minutes a day?

CHILD A

reads **20 minutes**
per day

hears **1,800,000**
words per year

CHILD B

reads **5 minutes**
per day

hears **282,000**
words per year

CHILD C

reads **1 minute**
per day

hears **8,000**
words per year

Times Tables

x	1	2	3	4	5	6	7	8	9	10	11	12
1	1	2	3	4	5	6	7	8	9	10	11	12
2	2	4	6	8	10	12	14	16	18	20	22	24
3	3	6	9	12	15	18	21	24	27	30	33	36
4	4	8	12	16	20	24	28	32	36	40	44	48
5	5	10	15	20	25	30	35	40	45	50	55	60
6	6	12	18	24	30	36	42	48	54	60	66	72
7	7	14	21	28	35	42	49	56	63	70	77	84
8	8	16	24	32	40	48	56	64	72	80	88	96
9	9	18	27	36	45	54	63	72	81	90	99	108
10	10	20	30	40	50	60	70	80	90	100	110	120
11	11	22	33	44	55	66	77	88	99	110	121	132
12	12	24	36	48	60	72	84	96	108	120	132	144



And check out the dip and do activities for even more great things to complete at home!



Safeguarding

Supporting our children's safety – Returning to school

Ask how your children are feeling about returning to school

Talking about returning to school with your child can help understand how they feel. Even if your child doesn't seem too worried, it's important to ask how they feel about returning to school. If they are worried, ask them what they feel anxious about. It's easier for you to support them if they have a particular concern. Reassure them it's OK to have these worries and praise them for sharing them with you. Worries, anxious thoughts or anxiety can happen if your child feels out of control. It helps to find things they can control and start from there. Ask what they will miss from being at home. Are they worried they won't get to spend as much time with you? Reassure them and continue to make time for this once school goes back. You can also read our [advice on separation anxiety](#). Talk to the teacher about any concerns so they're better prepared to support your child.

Manage your own worries

If you're worried about your child going to school, make sure you are taking care of your own mental health. [Read our advice on parental burnout](#). You can also talk to someone in your support network. They may be having the same concerns. Be positive when dropping off your child, even if you're not feeling your best. If you can, hide any worries as your child will pick up on these.

Make a plan

Make sure your child is getting enough sleep. Read our advice on [getting your child back into a sleep routine before they go back to school](#). Plan for your new morning routine together, and try this in the run up to school starting.

Make sure there's time for breakfast, getting dressed and getting out the door. Can you make the school routine more enjoyable? For example, try making a morning playlist. Pack school bags in advance. It's one less thing to think about on the day. Plan your journey. You can practise this with your child before the first day. Children who have to get to school by themselves might be particularly nervous.

Managing anxiety

Anxious feelings can be overwhelming or even cause panic attacks. Suggest your child make a list of feel good activities to do when they're having a bad day. They could also [make a soothing box](#) to fill with items they like the look, smell, touch or taste of. There are other activities you can try in our [emotional wellbeing section](#).

Are you worried about the welfare of a child or young person?

<https://www.nspcc.org.uk/what-is-child-abuse/spotting-signs-child-abuse/>

If you think a child could be at risk of significant harm, you can call the children's social care team at the council in Sutton ([Go to their website](#))

[020 8770 6001](tel:02087706001) (Monday to Friday, 9am and 5pm) [020 8770 5000](tel:02087705000) (out of hours)

Always call 999 in an emergency.

Are you regularly checking yours and your children's privacy settings and phone, device or gaming usage?

www.thinkuknow.co.uk/parents www.childnet.com www.saferinternet.org.uk www.parentinfo.org

www.internetmatters.org www.nspcc.org.uk/onlinesafety www.common sense media.org



DPS Links

School Nursing Duty Line

We have set up a duty School Nurse line to enable telephone contact for parents and young people to offer support to replace some current face-to-face contact at this time.

0208 770 5409

Useful links

All school information and communication www.classlist.com

Payment link for school dinners and class trips

www.pay360educationpayments.com/Home

Our website <http://www.dorchesterprimary.com/>

Use the website for our Twitter @DorchesterP

Our Facebook page <https://www.facebook.com/dorchesterprimary>

Our overall value for the school is
Responsibility

Responsibility finds a way. Irresponsibility makes excuses!

Gene Bedley

***Please note- no GAMMON or BEEF on Wednesday it will always be CHICKEN**

		Monday	Tuesday	Wednesday	Thursday	Friday
Week One 06/06 27/06 18/07 12/09 03/10	Option 1	Cheesy Vegetable Pasta Bake	* Beef Burger in a Bun with Potato Wedges	* Roast Gammon with Roast New Potatoes and Gravy	* BBQ Chicken with Rice / Noodles	MSC Salmon Fingers with Chips and Tomato Sauce
	Option 2	Vegan Meatballs in Tomato Sauce with Rice	Vegetarian Burger (Quorn) in a Bun with Potato Wedges	Vegetable Loaf with Roasted New Potatoes and Gravy	Vegetable Lasagne with Garlic Bread	Mexican Bean Roll with Chips
	Vegetables	Peas Mixed Peppers	Baked Tomatoes Sweetcorn	Carrots Cabbage	Green Beans Cauliflower	Baked Beans Garden Peas
	Dessert	Lemon & Berry Cake	Ice Cream with Fruit Salad	Chocolate Shortbread with Yoghurt	Sticky Toffee Apple Crumble & Custard	Jelly with Mandarins
Week Two 13/06 04/07 29/08 19/09 10/10	Option 1	Macaroni Cheese	* Pasta Bake (made with Beef)	* Roast Chicken with Roast Potatoes, Stuffing and Gravy	* Chicken Wraps with Rice	MSC Fish in Batter with Chips and Tomato Sauce
	Option 2	BBQ Quorn with Rice	Lentil & Basil Whirl with New Potatoes	Vegetable Wellington with Roast Potatoes and Gravy	Tomato Pasta	Cheese & Vegetable Omelette with Chips
	Vegetables	Sweetcorn Broccoli	Carrots Cauliflower	Fresh Mixed Vegetables	Sweetcorn Broccoli	Baked Beans Garden Peas
	Dessert	Apple Crumble with Cream	Chocolate & Mandarin Cake with Chocolate Sauce	Jelly with Mandarins	Yoghurt & Raisin Cake	Ice Cream with Peaches
Week Three 20/06 11/07 05/09 26/09 17/10	Option 1	Cheese & Tomato Pizza	* Beef Lasagne with Garlic Bread	* Roast Beef with Roast Potatoes and Gravy	* Pork Sausages with Potato Wedges	MSC Fish Fingers with Chips and Tomato Sauce
	Option 2	Tomato Pasta	Vegetable Wraps with Rice	Quorn Roast with Roast Potatoes and Gravy	Veggie Sausages with Potato Wedges	Cheese & Bean Pasty with Chips
	Vegetables	Broccoli Sweetcorn	Roasted Vegetables Green Beans	Carrots Roasted Parsnips	Sweetcorn Baked Tomatoes	Baked Beans Garden Peas
	Dessert	Lemon Drizzle Cake	Fresh Fruit Salad with Cream	Vanilla Shortbread with Yoghurt	Jelly with Peaches	Chocolate & Apple Cake with Chocolate Sauce

Added Plant Power

Vegan

Wholemeal

Available Daily:
- Freshly cooked Jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

*** Halal Option Available**

ALLERGY INFORMATION: If your child has an allergy or intolerance, please ask the school for information. If your child has a school lunch and has a food allergy or intolerance, you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross-contamination.



DPS Diary

14 th September	FODS Teddy Bears Picnic (rescheduled) SEMH coffee afternoon for parents with Mrs Hindocha and Mrs Enright
15 th September	FODS Summer Discos (rescheduled) 3.45pm – 6.30pm
16 th September	Deadline for signing up to Junior, Micro and Mini Dukes Awards Year 3 & 4 Stoneage Day
26 th September	Open morning for prospective parents 9.30am – 11am
30 th September	FODS welcome coffee morning and Macmillan Cake sale
3 rd October (all week)	Year 6 Bikeability
5 th October	FODS AGM and evening social meeting
12 th October	Open morning for prospective parents 9.30am – 11am
14 th October	Diwali Assembly 1pm – 3pm
17 th October – 20 th	Book Fair in school
19 th and 20 th October	Parent Consultations
20 th October	FODS Mufti – bring a bottle or filled jar for Christmas fair donation
Friday 21 st October	INSET Day All Staff
24 th – 28 th October	HALF TERM
3 rd November	Open evening for prospective parents 7pm – 8pm
7 th November all week	The great Dorchester clear out (FODStoy collection for fair donations)
14 th November all week	Anti Bullying Week 14th November – Primary Maths Challenge Year 4-6
15 th and 16 th November	Individual and Sibling Photos
24 th November	Flu Immunisation Reception – Y6
9 th December	Open morning for prospective parents 9.30am – 11am
10 th December	FODS Christmas Fair
15 th December	FODS Christmas Discos 3.30pm – 6pm Nursery Last Day of term
16 th December	LAST DAY OF TERM FOR ALL PUPILS
19 th Dec – Monday 2 nd Jan	CHRISTMAS HOLIDAYS
3 rd January	FIRST DAY OF SPRING TERM
Monday 5 th June 2023	INSET Day
Friday 21 st July 2023	INSET Day



The Willow Club our Wrap Around Care Provision, which includes Breakfast Club, Morning Club, After School Club and Holiday Club. We hope you like our new branding!

Places are available for booking the Summer holiday club, and for after school club for the remainder of this term. Just visit The Willow Club Wrap Around Care page on the school website (<https://www.dorchesterprimary.com/page/?title=The+Willow+Club+Wrap%2Daround+Care&pid=64&action=saved>) to book.

Please note that bookings need to be made and paid for in advance of the booking. We have had several children attending club without bookings which means we may have insufficient food, staff or resources for them. Thank you for your understanding.