



DPS News

Dorchester Primary School, Dorchester Road, Worcester Park, Surrey, KT4 8PG

telephone: 0208 330 1144, email: office@dorchesterprimary.com

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@DorchesterP



@dorchesterprimary

"Give thanks for a little, and you will find a lot." Hausa Proverb

30th September, 2022

Dear Parents and Carers,

We have had another action packed week at school, which started off with our first opportunity this year to show our school off to prospective parents during our Open Morning. Our Year 6 prefects rose to the challenge of welcoming our guests and showing them around the school, sharing their experiences of their time at Dorchester in sometimes meticulous detail! The visiting parents were hugely impressed by them and their pride in the school makes us proud too. We also sent a keen group of footballers to their first match of the season versus Nonsuch earlier this week. You can read the match report in the sports section; once again though, we couldn't be more impressed with the sportsmanlike way in which the children conducted themselves. Well done to all involved.

One of our focuses this year is on revisiting the knowledge our children learn across the curriculum to make sure it is embedded in their long term memory. These days we are fortunate to have a great deal of research into cognitive science that helps us to understand how children (and indeed adults) learn best. Mrs Hall and I spent some time this week quizzing children on how much they could remember, not just about the topics they have covered this year, but also about the previous learning that links to it. So many children could recall details of key knowledge from their learning readily – even giving us details of, for example, why the Brazilian flag is the colour it is and how many miles Brazil is away from London. Well done children, and teachers of course for making the learning so memorable for them.

Thank you to everyone who attended the Friends of Dorchester School (FODS) Coffee Morning and the Nursery Welcome Meeting today. It was lovely to see you all there, and I look forward to seeing many of you at the FODS AGM on Wednesday (5th October) at 7pm in the hall.

I just want to add a quick safety note regarding break and lunch times. If your child is bringing grapes to school for a snack could you please ensure they are cut in half. There have been several instances in schools over the years where children have choked on whole grapes and whilst we do our best to ensure they are sitting down calmly to eat them it is difficult to guarantee this. Thank you for your support.

Have a lovely weekend.

Cathy Bell



Upcoming Events

Open Mornings

The next open morning will take place the morning of Wednesday 12th October - tell all your friends with little ones to come along for a wonderful tour with our exceptional prefect tour guides!

FODS AGM and Evening Social Meeting

Wednesday 5th October 7pm – 8pm

Harvest Festival

We will be holding our Harvest Festival assembly at 9:00am on **Thursday 6th October**. Parents and Carers are welcome to join us for this assembly if they wish. We will once again be supporting the local Food Bank – please see below for suggested donations.

Harvest Donations

What we need

- Tinned Fruit
- Instant Noodles
- Tinned Tomatoes
- Tinned Vegetables
- Small Jars of Coffee
- Long Life Orange Juice
- Tinned Soups & Cup Soup
- UHT Milk (semi-skim & whole)
- Tinned Spaghetti in Tomato Sauce
- Shower gel
- Shampoo
- Deodorant
- Biscuits
- Sugar (500g)
- Rice Pudding
- Sponge Puddings
- Small Chocolate Bars

*No open packets or large packs please
*Donations need 3+ months shelf life
*Please note we have plenty of cereals, baked beans and pasta

Thank you for your donations!
They will be used wherever they are needed most.

We will be having a special Harvest Lunch on that day, to which all children, including those who normally have a packed lunch, will be invited. It would be great if our whole school community could share in our Harvest Lunch on that day, so do look out for the message from the office to sign your child up.

The menu for the Harvest Festival is



Harvest Festival

Sausage Roll

Or

Mexican Bean Roll

With Chip's

Beans and sweetcorn

Chocolate Cookie

Halal Option Available

Thursday 6th October 2022

caterlink
feeding the imagination



DPS Notices

Roblox - New Age Rating and Parental Controls

Roblox is an incredibly popular games across all ages, but particularly children. Until now Roblox has been rated 10+ by ESRB and 7+ by PEGI. This has changed to 'Teen' by ESRB and 'PEGI ! Parental Guidance Recommended' by PEGI. Additionally, Roblox is introducing more parental controls to filter different experiences dependent on the age of the user. This is an interesting and welcome development due to the incredible amount of user-generated content within Roblox, and a change that I'm sure many parents will welcome.

To read more you can view [THIS](#) article in Forbes.

Defence Lab Women's Only Workshops



- **Date** – Saturday 15th October 2022.
- **Time** – 10am to 1pm.
- **Venue** – Dorchester Primary School, Dorchester Road, Worcester Park, Surrey, KT4 8JW.
- **Who for** – All females from the age of 12 and above. No previous training or experience required.
- **What will be covered:**
 - **Personal Safety**
 - **Self Defence**
 - **Overcoming Your Fear:**
 - **Learning Effective Strikes and Defence strategies:**
- **Cost for this 3 hour Workshop:**
 - The standard cost for this workshop is £60 per person BUT we want to help as many girls and women as possible!
 - So we have reduced the cost by 50% to make it **only £30 per person**.
- **How to book and reserve your place?:**
 - There are limited spaces so we first need anyone wishing to attend to first contact us so that we can monitor the number of people attending.
 - If there is space still available, we will send you a link to make the payment as soon as possible.
 - Places will be given on a First Come, First Serve basis.
 - You will be able to book a place for multiple people – just let us know in advance.
 - There is no discount for additional people as we have already reduced the cost by 50%.
 - Your places will only be reserved once we have received full payment.
 - Please note that all payments are non-refundable – this is because places are limited.
 - The link to make the payment and to reserve your place – kindly contact us first and we will send it to you if spaces are still available.



DPS Notices



First match of the season, and a point gained! Our Year 5/6 football team from their match on Wednesday - they drew 1-1 vs Nonsuch. Captain, Harrison, will include a match report on this next week.



Reduce, Reuse, and Recycle = FreeCycle 22

Muschamp FreeCycle Event

Tuesday 11th October 3:30 Main School Hall

Everything is **Free** – pay with a

**Thank
You**

and a smile



Please take what you need or want

They will have a large
selection

of items including
lots of clothes



toys, games and books.

There will be Muschamp
uniform on sale but **NOT**
Dorchester uniform!





Class Notes

What did the Very Hungry Caterpillar eat?

This week in Nursery we have been reading our second '3 a day story'. These are stories that we share with the children regularly so that they can begin to retell them independently. The children have really enjoyed the story of the Very Hungry Caterpillar and they have been re-telling the story using story props. They are all very good at using the repeated phrase "but he was still hungry!" We have also been learning all about the school rules: Ready, Respectful and Safe. The children are starting to understand what these rules mean and why they are important.

Can you teach your family any Zumba moves?

This week the Reception children have been exploring different maths activities using numbers, monsters, stones, linking chains and multilink blocks. They have been making numbers to 5. Some children have been making rockets using lollipop sticks and triangular paper.

Outside the children have been really engaged in using large brushes and brooms to paint and clean the tarmac. On Thursday, they began to paint the shed. We will see how it looks later in the year! So far only one colour. They have become adept at building and adapting the obstacle course and it has been lovely to see children challenging themselves to walk across planks and balance on large tyres. Many children have used our construction area and, this week, many bricks were transported to the shed to build an extension!

Both classes have started learning some Zumba moves, which they have thoroughly enjoyed and we have talked about how the dancing and moving keeps us fit and can help us to concentrate.

How have dinosaurs changed over time?

This week the children have been superstars, completing their very first star write! We are very proud of their perseverance with their writing and using their phonics to help them with this.

In Maths we have been learning about ordinal numbers, and used 1st, 2nd, 3rd, 4th and 5th to describe positions.

In Science, we learned about some animals' diets, and used the scientific vocabulary of carnivore, herbivore and omnivore to describe their diets.

In Computing the children enjoyed exploring using the BeeBots and are beginning to understand that instructions can be inputted into these for the BeeBots to carry out.



Can you give an example of an accurate instruction for a Beebot?

In English this week, the children have worked hard when practising how to use an exclamation or question sentence. They will be putting all their learning together to write a Star Write next week. In Maths the children have been using related facts to solve problems, and have started to use the inverse to check their calculations. History this week was about comparing a hospital from the 1800's to a hospital today, the children were not happy about the lack of hygiene! In Computing we used Beebots to write an algorithm and were able to give accurate instructions to get the Beebot to where it needed to go. In R.E. the children looked at different parts of a church and in P.S.H.E we talked about healthy and unhealthy foods in order to have a balanced diet.



Class Notes

What did you think Stone Henge was used for, and how might the stones have arrived there?

This week, Year 3 and 4 have been continuing our learning of the Stone Age and have branched out to find out more about the Bronze and Iron Age. We learnt about how they used these metals to create tools and other objects that helped them to change their day-to-day lives. We have also drawn comparisons between our own lives and those of the people living in these time periods. In Science, we carried out an investigation to find out the properties of rocks. We looked at the density, permeability and durability of a variety of rock types. In RE, we have continued to learn about all 10 gurus and have also thought about the 11th guru which is the holy writing. In English, Year 3 have been reading the book *Ug the Stone Age Boy Genius* and are preparing to write a letter next week. In Year 4, we have been reading a non-fiction text all about Stonehenge and have made our own predictions about what we think it was used for. In Year 3 maths, we have used a range of methods to solve addition and subtraction calculations. In Year 4, we have continued to learn about rounding and will be moving onto addition and subtraction next week.

What advice would you give someone on how to be kind?

This week in Year 5, we kicked off with writing up our first neat star write of the term – a great historical retelling of a gory Viking raid! Well, all writing should be neat of course! But we had been building up to this piece of writing for a couple of weeks so it was great to see all the sensational story writing produced. We then spent the rest of the week focussing on reading strategies; practising reading a great range of texts and applying our retrieval and inference skills.

In Maths, we are becoming rounding warriors! Huge improvements with everyone with their place value work, and some really stretching themselves to complete everything with the challenges at the end – such great work everyone!

In Art this week, we used watercolour to make our Christmas cards, which turned out looking lovely.

Thank you to everyone who is doing their spelling shed and times tables rock stars at home – we are seeing great differences in engagement with spelling in particular – keep it up! And thanks to those bringing in the awesome dip and do homework pieces, some really creative stuff coming in, check out what is in store for next week!

How did you control the rabbits in the Evolution simulation?

In Year 6, Our Science topic of Evolution and Inheritance was brought alive this week with a very exciting computer-based simulation, in which then children could control various elements which would affect the number of generations of rabbits. They could allow wolves to enter the game and control the food source. They could also allow the rabbits to evolve, so they could be better protected from predators. A considerable amount of data was included, with graphs and charts to show the number of rabbits alive in any one generation. This really helped the children to understand the important concept of the topic. It was great fun too! In English, we have been considering how to write to inform an audience, including the use of formal language and the passive voice. This has been challenging, but the children have risen to the occasion. This is in preparation for a non-chronological report about a rainforest animal of their choice next week, which will form their second Star Writing of the term. In Geography, we have been considering the different layers of the rainforest and which animals and plants have evolved to live at different levels - linking our Science and Geography together.



Safeguarding

Supporting our children's safety

How can going online affect our wellbeing?

There are lots of positives for children being online, however there can be negatives too. For some it can become overwhelming trying to keep up with friends, and the pressure can mount.

Many things can impact our online wellbeing, and you can take control of the choices made to reduce any negativity. Being aware of the impact of being online, just like you would be aware of the impact of offline activities, is the first step to managing your children's online wellbeing.

We can:

- manage the content that our children see,
- ensure interactions are suitable
- and manage how long they're online, in balance with other activities.

There are several things you can do to help support a child with their wellbeing online, including specific apps, and looking at settings.

"It would be very nice if they wouldn't say 'Be careful who you're talking to online, they might not be who you think they are', and instead 'If anything at all makes you even slightly uncomfortable, then you can talk to someone.'"

Tips for managing wellbeing online

[Have regular conversations with your child](#)(Tab content expanded)

Give children the chance to talk about what they're experiencing online, what apps and sites they use and who they're talking to. Talking regularly, like you would about their day at school, will help your child feel relaxed and mean that when they do have any worries, they're more likely to come and speak to you. Remind them that it isn't just you that they can talk to – another trusted adult or a Childline counsellor might be easier sometimes.

Fall-outs with friends can affect children online, just as they do offline, and communicating online can lead to misunderstandings with friends. Encourage your child to look at the Childline website, which has lots of great advice articles:

[Feeling good on social media](#)

[Coping with stress](#)

[Worries about the world](#)

Childline's [Calm zone](#) is also packed with tools and activities to help children de-stress and discover new techniques that can support them when they're feeling down. Young people can also talk to each other about their worries on the [Childline message boards](#).

Consider that what children see online is often through a filter. It isn't just images and videos that can be [filtered or edited](#), but bodies and lives too.

For further information regarding online well being, please visit:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-wellbeing/>

Are you regularly checking yours and your children's privacy settings and phone, device or gaming usage?

www.thinkuknow.co.uk/parents

www.childnet.com

www.saferinternet.org.uk

www.parentinfo.org

www.internetmatters.org

www.nspcc.org.uk/online-safety

www.commonssensemedia.org



DPS Links

School Nursing Duty Line

We have set up a duty School Nurse line to enable telephone contact for parents and young people to offer support to replace some current face-to-face contact at this time.
0208 770 5409

Useful links

All school information and communication www.classlist.com

Payment link for school dinners and class trips

www.pay360educationpayments.com/Home

Our website <http://www.dorchesterprimary.com/>

Use the website for our Twitter @DorchesterP

Our Facebook page <https://www.facebook.com/dorchesterprimary>

Our overall value for the school is
Responsibility

Responsibility
is accepting
that you are the
cause & the
solution of the
matter.

***Please note- no GAMMON or BEEF on Wednesday it will always be CHICKEN**

| | | Summer/Autumn Menu 2022 | | | | |
|--|------------|---|---|---|---------------------------------------|--|
| | | Monday | Tuesday | Wednesday | Thursday | Friday |
| Week One 06/06 27/06 18/07 12/09 03/10 | Option 1 | Cheesy Vegetable Pasta Bake | * Beef Burger in a Bun with Potato Wedges | * Roast Gammon with Roast New Potatoes and Gravy | * BBQ Chicken with Rice / Noodles | MSC Salmon Fingers with Chips and Tomato Sauce |
| | Option 2 | Vegan Meatballs in Tomato Sauce with Rice | Vegetarian Burger (Quorn) in a Bun with Potato Wedges | Vegetable Loaf with Roasted New Potatoes and Gravy | Vegetable Lasagne with Garlic Bread | Mexican Bean Roll with Chips |
| | Vegetables | Peas Mixed Peppers | Baked Tomatoes Sweetcorn | Carrots Cabbage | Green Beans Cauliflower | Baked Beans Garden Peas |
| | | Lemon & Berry Cake | Ice Cream with Fruit Salad | Chocolate Shortbread with Yoghurt | Sticky Toffee Apple Crumble & Custard | Jelly with Mandarins |
| Week Two 13/06 04/07 29/08 19/09 10/10 | Option 1 | Macaroni Cheese | * Pasta Bake (made with Beef) | * Roast Chicken with Roast Potatoes, Stuffing and Gravy | * Chicken Wraps with Rice | MSC Fish in Batter with Chips and Tomato Sauce |
| | Option 2 | BBQ Quorn with Rice | Lentil & Basil Whirl with New Potatoes | Vegetable Wellington with Roast Potatoes and Gravy | Tomato Pasta | Cheese & Vegetable Omelette with Chips |
| | Vegetables | Sweetcorn Broccoli | Carrots Cauliflower | Fresh Mixed Vegetables | Sweetcorn Broccoli | Baked Beans Garden Peas |
| | Dessert | Apple Crumble with Cream | Chocolate & Mandarin Cake with Chocolate Sauce | Jelly with Mandarins | Yoghurt & Raisin Cake | Ice Cream with Peaches |
| Week Three 20/06 11/07 05/09 26/09 17/10 | Option 1 | Cheese & Tomato Pizza | * Beef Lasagne with Garlic Bread | * Roast Beef with Roast Potatoes and Gravy | * Pork Sausages with Potato Wedges | MSC Fish Fingers with Chips and Tomato Sauce |
| | Option 2 | Tomato Pasta | Vegetable Wraps with Rice | Quorn Roast with Roast Potatoes and Gravy | Veggie Sausages with Potato Wedges | Cheese & Bean Pasty with Chips |
| | Vegetables | Broccoli Sweetcorn | Roasted Vegetables Green Beans | Carrots Roasted Parsnips | Sweetcorn Baked Tomatoes | Baked Beans Garden Peas |
| | Dessert | Lemon Drizzle Cake | Fresh Fruit Salad with Cream | Vanilla Shortbread with Yoghurt | Jelly with Peaches | Chocolate & Apple Cake with Chocolate Sauce |

- Added Plant Power
- Vegan
- Wholemeal

Available Daily:
- Freshly cooked Jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

*** Halal Option Available**

ALLERGY INFORMATION: If your child has an allergy or intolerance, please ask the school for information. If your child has a school lunch and has a food allergy or intolerance, you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross-contamination.



DPS Diary

| | |
|---|--|
| 3rd October (all week) | Year 6 Bikeability |
| 5th October | FODS AGM and evening social meeting |
| 6th October | Harvest Festival with a Harvest Festival menu for lunchtime Girls Football vs Westbourne @ Westbourne Primary Year 5/6 Junior Supremo Training @ Carshalton Boys College |
| 7th October | Boys football Vs Cheam Park Farm (Cup) @ Cheam Park Farm Primary |
| 10th October | Year 1 Dinosaur Visit and Workshop |
| 12th October | Open morning for prospective parents 9.30am – 11am |
| 13th October | Year 4/5/6 Cross Country @ Northey Avenue Playing Fields |
| 14th October | Diwali Assembly 1pm – 3pm |
| 17th October – 20th | Book Fair in school |
| 19th and 20th October | Parent Consultations |
| 20th October | FODS Mufti – bring a bottle or filled jar for Christmas fair donation Boys football Vs Brookfield |
| Friday 21st October | INSET Day All Staff |
| 24th – 28th October | HALF TERM |
| 1st November | Boys football Vs Cheam Fields |
| 3rd November | Open evening for prospective parents 7pm – 8pm Year 3 / 4 Tag Rugby Festival @ John Fisher Playing Fields |
| 7th November all week | The great Dorchester clear out (FODStoy collection for fair donations) |
| 10th November | Year 5 / 6 Tag Rugby Festival @ John Fisher Playing Fields |
| 14th November all week | Anti Bullying Week 14th November – Primary Maths Challenge Year 4-6 |
| 15th and 16th November | Individual and Sibling Photos |
| 17th November | Year 5 / 6 Sports Hall Athletics @ Wallington High School for Girls |
| 23rd November | A Team netball vs Nonsuch @ Nonsuch Primary |
| 24th November | Flu Immunisation Reception – Y6 |
| 7th December | Year 3 Discover Christmas workshop in school (PM) |
| 9th December | Open morning for prospective parents 9.30am – 11am |
| 10th December | FODS Christmas Fair |

| | |
|---|---|
| 15 th December | FODS Christmas Discos 3.30pm – 6pm Nursery Last Day of term |
| 16 th December | LAST DAY OF TERM FOR ALL PUPILS |
| 19 th Dec – Monday 2 nd Jan | CHRISTMAS HOLIDAYS |
| 3 rd January | FIRST DAY OF SPRING TERM |
| Monday 5 th June 2023 | INSET Day |
| Friday 21 st July 2023 | INSET Day |



The Willow Club our Wrap Around Care Provision, which includes Breakfast Club, Morning Club, After School Club and Holiday Club. We hope you like our new branding!

Places are available for after school club for the remainder of this term. Just visit The Willow Club Wrap Around Care page on the school website (<https://www.dorchesterprimary.com/page/?title=The+Willow+Club+Wrap%2Daround+Care&pid=64&action=saved>) to book.

Please note that bookings need to be made and paid for in advance of the booking. We have had several children attending club without bookings which means we may have insufficient food, staff or resources for them. Thank you for your understanding.

Are you worried about the welfare of a child or young person?

<https://www.nspcc.org.uk/what-is-child-abuse/spotting-signs-child-abuse/>

If you think a child could be at risk of significant harm, you can call the children's social care team at the council in Sutton ([Go to their website](#))

[020 8770 6001](tel:02087706001) (Monday to Friday, 9am and 5pm) [020 8770 5000](tel:02087705000) (out of hours)

Always call 999 in an emergency