

## Personal Social Health Education (PSHE)

*"The more you know yourself, the more patience you have for what you see in others."*

Erik Erikson



PSHE threads: Identity, Impact  
RESPECT (school values)

### PSHE Curriculum Rationale at Dorchester Primary

We believe that knowledge is power. We want to empower our children with the vocabulary to communicate their thoughts, ideas and wants with confidence, and have them understand the impact of the words they use.

We have a holistic approach to PSHE at Dorchester, and we pride ourselves in supporting emotional literacy by including elements of PSHE into all areas of the curriculum. We care deeply about the wellbeing of the children in our care, and safeguarding them through an appropriate PSHE curriculum is integral to this. Our aim is to give children the independence to lead healthy lives with confidence in their abilities, and to become informed, active and responsible citizens. We regard PSHE as an essential component of the whole curriculum, as it encourages our children to understand how all actions have consequences and how they can make informed choices to help themselves, others and the world around them.

#### **Children will:**

- Have the opportunity to communicate their own thoughts and ideas in a safe environment, whilst being respectful towards others
- Read texts that encourage thought and empathy
- Present their learning in a shared 'floorbook' to promote the idea of togetherness
- Participate in self-reflection, partnered talk and whole class listening during every lesson
- Learn and use key vocabulary correctly
- Work collaboratively with others and communicate effectively

#### **Teachers will:**

- Build lessons around the DPS Pillars and the PSHE threads
- Follow the schools' progression document
- Facilitate questions that are open-ended and promote high quality discussions and debate
- Share key vocabulary in advance with families in order to promote consistency of language at home and in school
- Produce Knowledge Organisers for children to refer back to, which has a clear list of key vocabulary and prior learning questions to support retention of information
- Revisit key conversation points from previous lessons at the start of every lesson, by using the Knowledge Organiser