

Nursery Peek at the Week

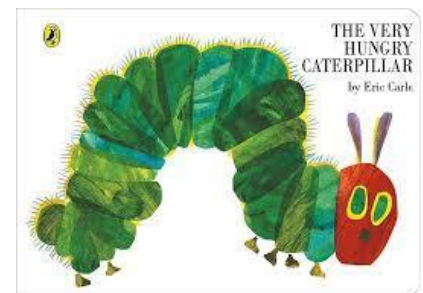
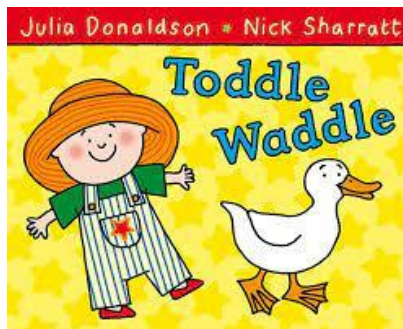
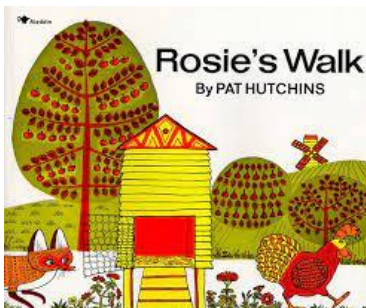
Weekly News

This week in Nursery, we have continued to learn all about the Zones of regulation and how they help us to understand and talk about our emotions. We have been focussing on what excited and angry feel like and different things that can make us excited or angry. Please see the pictures from our Zones of Regulation story below and talk about what things make you excited or angry.

We have also started our Dough Disco which helps the children to develop muscle strength in their hands to aid their fine motor skills in preparation for writing. See if your child can demonstrate the moves that they have learnt.

aglover13@suttonmail.org -Annabel Glover-Nursery Class Teacher, EYFS lead and Phonics Lead

3-a-day Stories: These are stories that the children hear every day. These stories have been carefully chosen to help the children to develop a love of reading and to help them to develop early reading skills. These stories have key elements that support the children to retell them for example many of them use rhyme or repeated phrases. Please read these at home too, if you do not have them, you could borrow them from a library or watch them on YouTube.



How did Kit feel on Wednesday?

What makes you feel excited?



On Wednesday, Kit woke up feeling silly and wiggly. When he got to school he could not keep still and found it hard to listen. Kit's teacher noticed that Kit was feeling excited and wiggly. His teacher explained that he was in the Yellow Zone and that is OK. This meant that Kit was not ready to learn. His teacher taught him some special exercises and then he felt much calmer. He was now in the Green Zone and ready.

How was Kit feeling on Thursday?

What makes you feel angry?

What helps you to feel calmer?



On Thursday, when Kit arrived at school another child snatched his favourite toy. This made Kit feel angry, and scared that he would never get the toy back. Kit's teacher noticed that Kit was feeling angry and scared. His teacher explained that he was in the Red Zone and that is OK. She gave him a special pillow to squeeze and helped him to take deep breaths whilst counting to ten. Then Kit felt much calmer. He was now in the Green Zone and ready.

4

Dough Disco

EASY NO-COOK PLAYDOUGH RECIPE!

YOU WILL NEED:

- 1 1 CUP FLOUR
- 2 ½ CUP SALT
- 3 1 TBSP CREAM OF TARTAR (optional for softness)
- 4 ½ CUP WARM WATER
- 5 FOOD COLORING (Optional)
- 6 1 TBSP VEGETABLE OIL

HOW TO MAKE IT!

- 1 **MIX DRY INGREDIENTS!**
Flour + Salt + Cream of Tartar
- 2 **ADD WET MIXTURE!**
Water + Oil
- 3 **MIX WITH A SPOON!**
Stir, Stir!
- 4 **KNEAD THE DOUGH!**
Knead until smooth! (Add flour if sticky)
- 5 **PLAY TIME!**

Maybe you can make some playdough.

Can you practise these moves at home?



Dip and Do

- Can you practise the Dough Disco moves that we have learnt, Squeeze and Ball it?
- Can you talk about your feelings using the Zones of Regulation pictures to help you?
- Can you play a turn taking game?
- Can you practise taking your shoes off and putting them back on by yourself?

Upcoming Dates

Tuesday 6th October, Open Morning 9:30-11:30am

If you would like to view the main school before deciding on your child's Reception space, please feel free to attend one of our open mornings (further details below).

Thursday 8th October, Welcome to Nursery Coffee Morning 8:30am-9:15am, Copper Class (please meet me by the double doors opposite the Nursery gate, by the stairs or the ramp).

Come for a coffee and a chat to get to know each other and find out how to support your child through their Nursery Year. This session is designed for parents/carers who attend morning or full day nursery.

Thursday 8th October, Welcome to Nursery Coffee Afternoon 2:45pm-3:15pm Copper Class (please meet me by the Nursery Gate).

Come for a coffee and a chat to get to know each other and find out how to support your child through their Nursery Year. This session is designed for parents/carers who attend afternoon or full day nursery.

Thursday 22nd October last day of Nursery

Friday 23rd October INSET Day, School is closed to children

Monday 26th October to Friday 30th October, Half Term Holiday, School is closed to all children

You may book your child into Willow Holiday Club please see School Gateway for details.



Nursery Parent/Carer Events 2026-27

September

Settling Sessions

October

Welcome to Nursery
Coffee morning/afternoon
Thursday 8th
8:30-9:15am/
2:45-3:15pm
Copper Class (meet at
Nursery Gate)

November

Early Birds: Rhyming
Activities: World Nursery
Rhyme Week
Thursday 12th
8:30-9:15am/2:30-3:15pm
Nursery

December

EYFS Nativity
Wednesday 16th
9:30-10:30am
Thursday 17th
2:15-3:15 pm

January

Phonics Workshop
Thursday 14th
8:30-9:15am/
2:45-3:15pm
Copper Class (meet at
Nursery Gate)

February

Early Birds: Fine Motor
Activities
Friday 5th
8:30-9:15am/2:30-3:15pm
Nursery

March

Live 'Squiggle while you
Wiggle' (handwriting)
Tuesday 16th
11:10-11:30am/2:30-
3:15pm
Nursery

April

Maths Workshop
Thursday 22nd
8:30-9:15am/
2:45-3:15pm
Copper Class (meet at
Nursery Gate)

May

Live Phonics Session
Tuesday 25th
11:10-11:30am/2:30-
3:15pm
Nursery

June

Live Maths Meeting
Friday 25th
11:10-11:30am/2:30-
3:15pm
Nursery

July

Early Birds: Summer Holiday Activities
Wednesday 7th
8:30-9:15am/2:30-3:15pm
Nursery

Nursery End of Year Celebration
Tuesday 20th
10:00-11:00am in Hall
Nursery Family Picnic
11:00am-12:30pm

August

SUMMER
HOLIDAYS



We would love to include photographs of the children within this newsletter. Please make sure that you have completed the Nursery admission Form using this QR Card.



Please use this QR code to join the Nursery WhatsApp group which is managed by our Nursery Class Rep Marta (Ottillie's Mum)

Apply for your child's Primary School Space

Children born between 1 September 2022 and 31 August 2023 are due to start primary school in September 2027.

Applications open on 1 September 2026 and close on 15 January 2027.

National offer day will be on 16 April 2027.

If you are Sutton resident, please use the website below:

<https://www.sutton.gov.uk/schools-and-learning/school-admissions/apply-start-primary-school/primary-and-infant-schools-sutton>

Please remember that attending Dorchester Primary School Nursery does not automatically mean that your child will get a space in the school, you do still need to apply.

We hope that all of our children will remain with us for their primary school journey but we understand that this is a very important decision to make as a family. If you would like to view the rest of the school before making your application, please come along to one of our open events.

Register for an Open Event

Open Events will include a presentation from the headteacher and members of the leadership team, and a tour of the school to see our wonderful learning environment. Please register below to attend one of our Open Events.

Tuesday 6th Oct - 9.30am - 11:00am

Wednesday 4th Nov - 9.30am - 11:00am

Thursday 26th Nov - 7pm - 8:15pm

Friday 11th Dec - 9.30am - 11:00am

<https://www.dorchesterprimary.com/form/?pid=21&form=16>