

Nursery Peek at the Week

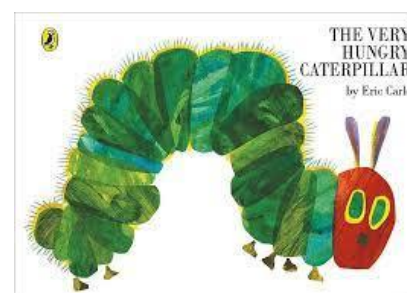
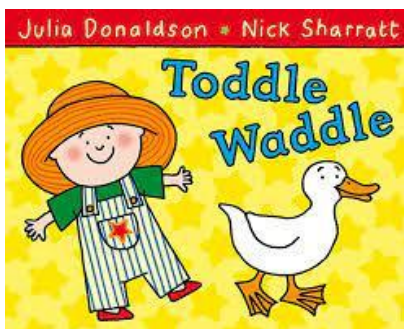
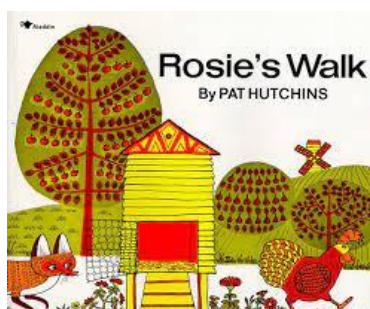
Weekly News

This week in Nursery, we have started to learn all about the Zones of regulation and how they help us to understand and talk about our emotions. We have been focussing on what happy and sad feel like and different things that can make us happy or sad. Please see the pictures from our Zones of Regulation story below and talk about what things make you happy or sad.

aglover13@suttonmail.org -Annabel Glover-Nursery Class Teacher, EYFS lead and Phonics Lead

REMEMBER No question or concern is too small, I would rather you email me than worry about something!

3-a-day Stories: These are stories that the children hear every day. These stories have been carefully chosen to help the children to develop a love of reading and to help them to develop early reading skills. These stories have key elements that support the children to retell them for example many of them use rhyme or repeated phrases. Please read these at home too, if you do not have them, you could borrow them from a library or watch them on YouTube.



How did Kit feel on Monday?

What makes you feel happy?



Once upon a time, in a bright and colourful land, there lived a child called Kit. Kit loved to play outdoors and explore new adventures.

On Monday, he was very happy for his first day at Dorchester Primary School. He came to school with a big smile on his face and laughed along with his friends. He felt warm and fuzzy inside. His teacher explained that he was in the Green Zone. This meant that Kit was feeling focussed and ready to learn.

1

How was Kit feeling on Tuesday?

What makes you feel sad?



On Tuesday, Kit woke up feeling a bit sad. He came to school crying and did not want to talk to his friends. He was tired and felt very sad inside. Kit's teacher noticed that Kit was feeling sad and tired. His teacher explained that he was in the Blue Zone and that is OK.

This meant that Kit was not ready to learn. His teacher asked him if he would like to talk about his feelings or have a rest. He asked if he could have a hug and then he felt much better. He was now in the Green Zone and ready.

2



Nursery Parent/Carer Events 2026-27

September

Settling Sessions

October

Welcome to Nursery
Coffee morning/afternoon
Thursday 8th
8:30-9:15am/
2:45-3:15pm
Copper Class (meet at
Nursery Gate)

November

Early Birds: Rhyming
Activities: World Nursery
Rhyme Week
Thursday 12th
8:30-9:15am/2:30-3:15pm
Nursery

December

EYFS Nativity
Wednesday 16th
9:30-10:30am
Thursday 17th
2:15-3:15 pm

January

Phonics Workshop
Thursday 14th
8:30-9:15am/
2:45-3:15pm
Copper Class (meet at
Nursery Gate)

February

Early Birds: Fine Motor
Activities
Friday 5th
8:30-9:15am/2:30-3:15pm
Nursery

March

Live 'Squiggle while you
Wiggle' (handwriting)
Tuesday 16th
11:10-11:30am/2:30-
3:15pm
Nursery

April

Maths Workshop
Thursday 22nd
8:30-9:15am/
2:45-3:15pm
Copper Class (meet at
Nursery Gate)

May

Live Phonics Session
Tuesday 25th
11:10-11:30am/2:30-
3:15pm
Nursery

June

Live Maths Meeting
Friday 25th
11:10-11:30am/2:30-
3:15pm
Nursery

July

Early Birds: Summer Holiday Activities
Wednesday 7th
8:30-9:15am/2:30-3:15pm
Nursery

Nursery End of Year Celebration
Tuesday 20th
10:00-11:00am in Hall
Nursery Family Picnic
11:00am-12:30pm

August

SUMMER
HOLIDAYS



We would love to include photographs of the children within this newsletter. Please make sure that you have completed the Nursery admission Form using this QR Card.



Please use this QR code to join the Nursery WhatsApp group which is managed by our Nursery Class Rep Marta (Ottilie's Mum)