

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Veggie Meatball Pasta with Tomato & Basil Sauce
(SO, G/B*, O*, R*, W)

V S

Super Swirl Beefy Pasta
(G/W)

Roast Chicken with Gravy

Smokey BBQ Chicken

Captain's Crispy Fish Fingers or Salmon Fishcake & Chips
(F, G/W)

VEGGIE



Cheesy Roasted Squash & Root Vegetable Lasagne
(E*, MK, G/W)

S

Super Swirl Veggie Pasta
(G/W)

V S

Veggie Hot Pot
(CE, MK, G/W)

S

BBQ Vegetables

Cheesy Mexican Veggie Burrito & Chips
(MK, G/W)

SIDES



Sweetcorn & Green Beans

V S

Carrots & Broccoli

V S

Rustic Roast Potatoes & Seasonal Vegetables

V S

Steamed Rice & Sweetcorn

V S

Baked Beans or Peas

V

PASTA & JACKET



Jacket Potato with a Choice of Fillings
(E, F, MK)

Jacket Potato with a Choice of Fillings
(E, F, MK)

Italian Tomato Twirl Pasta
(CE, MK, G/W)

S

Jacket Potato with a Choice of Fillings
(E, F, MK)

Jacket Potato with a Choice of Fillings
(E, F, MK)

PUD



Banana Bonanza Sponge & Creamy Custard
(E, MK, SO*, G/W)

Golden Pear Crumble with Custard
(MK, G/B*, O, W)

S

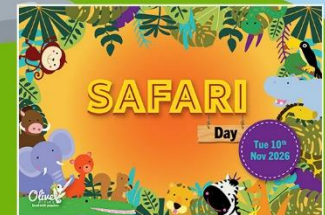
Vanilla Shortbread
(G/W)

V

Chocolate Mousse
(MK, SO*)

Vanilla Sponge with Chocolate Sauce
(E, MK, SO*, G/W)

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT



DATES

31 AUG / 21 SEP
12 OCT / 09 NOV / 30 NOV

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG

WEEKLY MENU

WEEK 1
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WEEK 3



MONDAY

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WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Mac & Cheese
(MK, G/W)

Mild Chicken Tikka Masala
(MK, G/B*, O*, R*, W*)

Lightly Spiced Chicken

Homemade Beefy Lasagne
(E*, MK, G/B*, W)

Pepperoni Pizza
(CE*, E*, MK, MU*, SO*, G/W)

S

VEGGIE



Tuscan Vegetable Pasta
(MK, G/W)

Mild Vegetable Tikka Masala
(MK, G/B*, O*, R*, W*)

Lightly Spiced 'Plant Based' Chicken

Homemade Roasted Squash & Root Vegetable Lasagne
(E*, MK, G/W)

Margherita Pizza
(MK, G/W)

S

S

V

S

SIDES



Peas & Sweetcorn

Steamed Rice with Carrots & Green Beans

Paprika Diced Potatoes & Sweetcorn

Broccoli

Homemade Potato Wedges & Baked Beans

V S

V S

V S

V S

V S

PASTA & JACKET



Jacket Potato with a Choice of Fillings
(E, F, MK)

Jacket Potato with a Choice of Fillings
(E, F, MK)

Italian Tomato Twirl Pasta
(CE, MK, G/W)

Jacket Potato with a Choice of Fillings
(E, F, MK)

Jacket Potato with a Choice of Fillings
(E, F, MK)

S

PUD



Apple Sponge & Custard
(E, MK, SO*, G/W)

Chocolate Shortbread Biscuit
(G/W)

Sticky Toffee Apple Crumble with Custard
(MK, G/W)

Jam Sponge with Custard
(E, MK, SO*, SU, G/W)

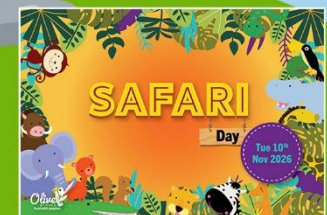
Cool School Ice Cream
(MK)

S

V

S

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT



DATES

07 SEP / 28 SEP
19 OCT / 16 NOV / 07 DEC

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THEME DAYS

MAIN



Vegetable Biryani
(CE, SU, G/B*, O*, R*, W*)

V S

Cowboy Beef Chilli
(CE)

S

Roast Chicken with Gravy

Sticky Chicken Pasta Bake
(CE, G/W)

Crispy Catch Fish & Chips
(F, G/B*, W)

VEGGIE



Veggie Kebab with Pitta & Wedges
(G/W)

V S

Tex Mex Mild Veggie Chilli
(CE)

V S

Roast Quorn Fillet & Gravy
(G/W)

V

Sticky Veggie Pasta Surprise
(CE, G/W)

V S

Vegan Nuggets & Chips
(G/W)

V

SIDES



Broccoli

V S

Steamed Rice & Broccoli

V S

Rustic Roast Potatoes & Seasonal Vegetables

V S

Carrots & Green Beans

V S

Baked Beans or Peas

V

PASTA & JACKET



Jacket Potato with a Choice of Fillings
(E, F, MK)

Jacket Potato with a Choice of Fillings
(E, F, MK)

Italian Tomato Twirl Pasta
(CE, MK, G/W)

S

Jacket Potato with a Choice of Fillings
(E, F, MK)

Jacket Potato with a Choice of Fillings
(E, F, MK)

PUD



Winter Berry Cake
(E, MK, SO*, G/W)

S

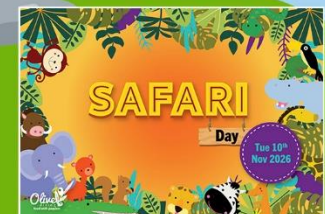
Syrup Sponge with Custard
(E, MK, SO*, G/W)

Oaty Crunch Cookie
(MK*, G/B*, O, W)

Mixed Berry Crumble with Custard
(MK, G/W)

Lemon Drizzle Cake
(E, MK, SO*, SU, G/W)

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT



DATES

14 SEP / 05 OCT
02 NOV / 23 NOV / 14 DEC

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