

## Year 5 Peek into Next Week Summer Term 2 Week 6

### **Things to know:**

Well done to all of the children who took part in Bikeability this week. We had some great feedback from the instructors - well done for representing the school so well.

For those children whose sessions start next week:

Your child will need to bring their bike into school on Monday morning and wheel it around to the playground at the back of the school. They will need to leave them (unlocked) in a designated area so the Bikeability staff can check that all of the bikes are all safe to ride. They will need to leave their helmet on their handlebars too. Children will not be permitted to join in without a suitable, well-fitted helmet. Some of you might find it easier to bring a lock to school and lock the bike up at the end of the session and keep the bike in school all week. Others might decide to take the bike home and bring it back each day.

Here is more information provided from Bikeability:

## Before the course:

### Cycles

All cycles need to be in tip-top, road-worthy condition before starting on your course. We like to call them the 'ABCDs' of cycle maintenance. If you can answer yes to the ABCDs you are good to go!:

- AIR – Have your tyres got enough air?
- BRAKES – Do the front and back brakes work properly?
- CHAIN – Have you oiled it recently?
- DIRECTION – Are your handlebars fixed on tight? Is your seat tight and pointing forward?

Lots of first-time cyclists need a helping hand with this so don't worry, you are not alone. Just take your cycle to a local shop.

### Helmets

You must provide an **approved cycling helmet** and must ensure that the helmet fits correctly:

- Match your child's head size to the size of the helmet.
- Your helmet should sit on top of your head, not too tight or too loose, with the peak sitting about two fingers width above your eyebrows.
- The side adjusters should sit below your ears and form a nice V on the side of your head. The chin strap should allow for two fingers to fit between it and your chin.

### Clothing

Sports kit is perfect for bikeability, we will go out if it is rain or shine so be sure to check the weather and be **appropriately dressed** for the weather conditions during the training. It is suggested that a waterproof coat is worn if it is raining and sunscreen if it is hot and sunny. A water bottle is advisable.

### And, Finally

All participants will receive a **Bikeability certificate, badge and booklet**. Bikeability awards recognise every rider's progression during the course. Feedback will be provided to parents/carers on the certificate with clear information about riders' cycling abilities. Please support and encourage your child to continue cycling after their training.

Riders must demonstrate competent cycle control skills to progress to on-road training. If your child doesn't demonstrate these skills competently, consistently and confidently, we recommend they continue to practise and attend a future course.

A huge thank you to our swimming volunteers, we really couldn't have done it without. Thanks for giving up your Friday afternoon to support Sapphire Class.

We can't believe next week is the final week of the school year. It has flown by. We want to make the most of our final week with the children with lots of fun activities and completion of some of our projects.

Remember school finishes at 1.30pm on Friday.

**A weekly overview (subject to change)**

Monday	School uniform/PE for Bikeability Children.
Tuesday	PE Kit
Wednesday	School uniform
Thursday	School uniform
Friday	School finishes at 1.30pm

Reading diaries should be in school everyday and taken home every evening.  
Children can change their own reading book any time they need to and have finished a book.

## Year 5 Home Learning - Dip and Do

**You must:**

- Read daily at home for at least 20 minutes and record this in your diary. Diaries are checked on a Monday but you must have your reading folder in everyday.
- Learn the weekly spelling words which are sent home and assigned on Spelling Shed. You will be tested every Monday morning (this will start next week).
- Practise your quick recall of the Timestables on TTRockstars at least 3 times a week.

**Please Dip into these tasks.** You do not have to do all 3 each week but of course you can if you want to! Tasks are set every Wednesday and due the following Wednesday.

<b>Gold</b>	Write a letter to the new Year 5 children. What advice would you give them? Which topics are the best? What is the best thing about being in Year 5?
<b>Silver</b>	Create your own pop up thank you card for a member of staff who has really helped you this year.
<b>Bronze</b>	. Write a poem about school days