

Bushcraft Penshurst Place

Year 5 Residential Trip



Penshurst Place, Tonbridge



<https://thebushcraftcompany.com/>



Small Rucksack

- Jumper/fleece
- Waterproof jacket
- Water bottle
- Hand gel
- Head torch
- Sun cream
- Hat

Optional

- Sleeping bag liner
- Bug spray
- Whistle
- Bags for dirty clothes
- Pillow
- Rucksack liner
- Disposable camera
- Card game/book/teddy

What to Pack

Main Luggage

- Season 3+ sleeping bag
- Roll mat
- Trousers
- T-shirts
- Waterproof trousers
- Underwear
- 2 pairs of shoes e.g. trainers/walking boots
- Wash bag e.g. deodorant
- Towel
- Warm layers
- Wellies



NO PHONES
OR FOOD





Tents

The children will be split into ten safari-style bell tents. The children will be responsible for their routines and keeping their tents tidy! Children will find out who is in their tent on arrival.





Tribes

The children will be split into tribes (this may be with different children to their tent groups).

In these tribes, they will carry out their activities with their tribe leader and two school adults. The children will find out who they are in a tribe with on arrival.



Showering



We will not be showering! But please bring a towel in case it really rains. Wipes are great for cleaning grubby faces.



Adults

Miss Semmens

Mrs Cucharo

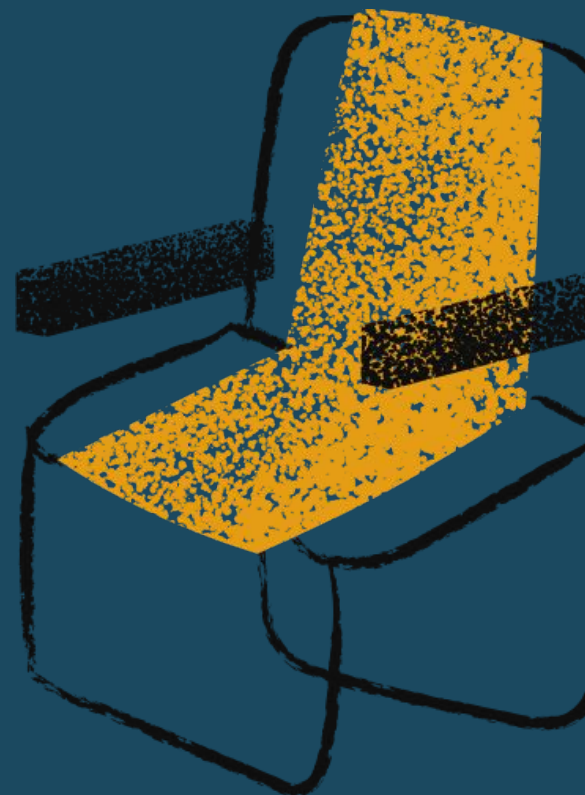
Mrs Hall

Miss Lilley

Raid

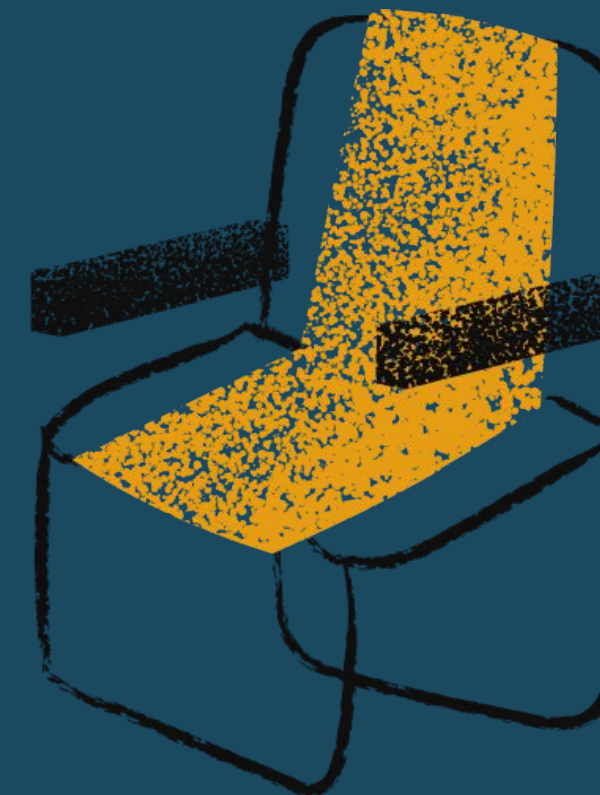
Jess

(and Dads - Mitch & Darren)



Example Itinerary

DAY 1	DAY 2	DAY 3
	BREAKFAST	BREAKFAST
Arrival, Safety Brief & Welcome	Wilderness First Aid	Trap Making
SNACK	SNACK	SNACK
Camp Craft/ Camouflage & Concealment	Scenario SOS	Bushcraft Challenge
LUNCH	LUNCH	LUNCH
Shelter Building	Cutting Tools	Strike Camp & Depart
SNACK	SNACK	
Fire Lighting	Wilderness Walk	
DINNER	DINNER	
Evening Games	Evening Games	



Example Food

WEDNESDAY	THURSDAY	FRIDAY
Sausage Baps Cereal & Fruit	Sausage, Cheese, Egg Muffins Cereal & Fruit	Big Cooked B/fast Cereal & Fruit
ON CAMP	ON CAMP	ON CAMP
ON CAMP	ON CAMP	ON CAMP
ON CAMP	ON CAMP	ON CAMP
Pasta Bolognese	Chicken Curry	Pasta Bolognese
ON CAMP	ON CAMP	ON CAMP



Example Food

	DAY 1	DAY 2	DAY 3	-	-
B/FAST		Central Kitchen	Central Kitchen		
SNACK	Fruit & Biscuits	Flapjack	Trail Mix		
LUNCH	Tomato Pasta @ Central Kitchen	Pizza	Wraps @ Central Kitchen		
SNACK	Tunnocks Bar	Popcorn			
DINNER	BBQ Kitchen on Camp	Central Kitchen			
DESSERT	S'mores & Hot Chocolate	Blueberry Muffins & Hot Chocolate			

If your child is a fussy eater they will be offered some plain pasta or alternatives.

Sometimes the vegetarian option is offered to children who eat Halal meat.

Dietary needs will be catered for and cooked separately.





Any questions?

