

Education Wellbeing Service

Parent Webinars

Autumn Term SCHEDULE 2024

11TH SEPTEMBER

Finding your Feet: Emotional Wellbeing and Starting School or Nursery

For early years and primary
school parents & carers

23RD SEPTEMBER

Through the School Gates - Overcoming Daily Challenges Getting into School

For all primary school parents &
carers

25TH SEPTEMBER or 7TH OCTOBER

Parenting a primary age child with Autism

For all primary school parents &
carers

12TH or 14 NOVEMBER

Supporting Big Emotions at Home and School - The Zones of Regulation

For all primary school parents &
carers

25TH or 29TH NOVEMBER

Building resilience in primary school children

For primary school parents of children
with an ASC diagnosis (any age)

We also provide free 1:1 early support for parents of primary aged children to support their child's common worries and anxieties or support children's tricky or challenging behaviours, speak to your school to find out more

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free local NHS parent webinars
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Parent Webinars

Spring & Summer Term Schedule 2025

15TH January

Understanding and supporting ARFID

For all primary school parents & carers

28TH or 29TH January

Understanding And Supporting Your Child's Sleep

For KS2 parents & carers

25TH or 27TH February

Supporting Common Child Anxieties and Worries - Including Around Exams

For Year 6 parents & carers

9TH or 12TH May

Promoting Sibling Harmony

For all primary school parents & carers

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Education Wellbeing Service

Parent Workshops

Spring & Summer Term SCHEDULE 2025

6TH May

Supporting The Development of Healthy Body Image in Children

For all primary school
parents & carers

TBC

Worry Ninja - Year 6 Transition into Secondary School

For Year 6 pupils

Various Dates Across Summer Term

Worry Ninja - Supporting Confident Transitions to Secondary School

For Year 6 parents & carers

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