## [WEEKLY MENU] Week 1

Week Commencing: Mon 15th Apr - Mon 6th May - Mon 3rd Jun - Mon 24th Jun - Mon 15th Jul

| 611                              | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  |  |
|----------------------------------|---|--|--|---|---|--|
| Main Dish<br>of the<br>Day       | Veggie Meatballs ↓<br>Pasta<br>(CE*, E*, G, MU*,<br>SE*, SO)  | Beef Burger &<br>Homemade Potato<br>Wedges<br>(G, SE*, SO)       | Roast Chicken &<br>Gravy   | Beef Lasagne<br>(E, G, MK)                                    | Fish Fingers & Chips<br>(F, G)                                |  |
| Vegetarian<br>Dish of the<br>Day | Vegetable & Lentil<br>Korma with Rice<br>(CE, G*, MK)         | Vegetable Bean<br>Burger & Homemade<br>Potato Wedges<br>(G, SE*) | Roasted Vegetable Filo<br>Parcel & Homemade<br>Tomato Sauce<br>(G) | Vegetable Bolognese<br>with Penne<br>(G)                      | Cheesy Calzone<br>(G, MK)                                     |  |
| Vegetable<br>Choice              | Şeasonal<br>Vegetables  | Baked Beans or<br>Coleslaw<br>(E, MU)                            | Rustic Roast<br>Potatoes & Medley<br>of Seasonal<br>Vegetables     | Green Salad 4<br>Coleslaw<br>(E, MU)                          | Beans or Peas   |  |
| Dessert of<br>the Day            | Selection of Fruit<br>Mousse<br>(MK)                          | Honey & Raisin<br>Flapjack<br>(G)                                | Apple Crumble &<br>Custard<br>(G, MK)                              | Pineapple Upside<br>Down Cake<br>(E, G, MK)                   | Ice Cream<br>(MK)   |  |
| Jacket<br>Potato Bar             | See Board for<br>Details                                      | See Board for<br>Details   | See Board for<br>Details   | See Board for<br>Details                                      | See Board for<br>Details                                      |  |
| Cold<br>Selection                | Salad Bar<br>Homemade Bread<br>(E*, G, MK, SO)<br>Fresh Fruit | Salad Bar<br>Homemade Bread<br>(E*, G, MK, SO)<br>Fresh Fruit    | Salad Bar<br>Homemade Bread<br>(E*, G, MK, SO)<br>Fresh Fruit      | Salad Bar<br>Homemade Bread<br>(E*, G, MK, SO)<br>Fresh Fruit | Salad Bar<br>Homemade Bread<br>(E*, G, MK, SO)<br>Fresh Fruit |  |

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds \* = May Contain

Dorchester Primary School







Week Commencing: Mon 22nd Apr - Mon 13th May - Mon 10th Jun - Mon 1st Jul - Mon 22nd Jul

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|---|---|---|---|---|--|--|
|   | Monday  | Tuesday   | Wednesday   | Thursday  | Friday   |  |
| Main Dish<br>of the Day   | Jamaican Sweet<br>Potato, Chickpea &<br>Coconut Curry<br>(CE, G*) | Chicken Hot Dog (CE, G, SE*, SO*, $SU$ )                      | Roast Beef &<br>Gravy   | Butter Chicken<br>Curry<br>(CE, G*)                           | Battered Fish Chips (F, G)   |  |
| Vegetarian<br>Dish of the<br>Day  | Tomato & Basil<br>Pasta<br>(CE, G)                                | Quorn Hot Dog<br>(E, G, SE*)                                  | Summer Vegetable<br>Quiche & Nut Free<br>Pesto<br>(E, G, MK)  | Jerk Vegetable<br>Wrap<br>(CE, G)                             | Vegan Nuggets 4.<br>Chips<br>(G)                                     |  |
| Vegetable<br>Choice   | Garlic Bread and<br>Green Salad<br>(G, MK)                        | Homemade<br>Potato Wedges 4<br>Sweetcorn                      | Rustic Roast<br>Potatoes & Seasonal<br>Vegetables             | Jamaican Rice &<br>Peas, Seasonal<br>Greens                   | Beans or Peas  |  |
| Dessert of<br>the Day   | Banana Sponge<br>with Vanilla Sauce<br>(E, G, MK)                 | Lemon Meringue<br>Pie<br>(E, G)                               | Classic Jam<br>Sponge & Custard<br>(E, G, MK, SO*)            | Apple Traybake<br>(E, G, MK*)                                 | Chocolate Orange<br>Sponge with<br>Chocolate Sauce<br>(E, G, MK, SO) |  |
| Jacket<br>Potato<br>Bar   | See Board for<br>Details  | See Board for<br>Details                                      | See Board for<br>Details                                      | See Board for<br>Details                                      | See Board for<br>Details   |  |
| Cold<br>Selection   | Salad Bar<br>Homemade Bread<br>(E*, G, MK, SO)<br>Fresh Fruit     | Salad Bar<br>Homemade Bread<br>(E*, G, MK, SO)<br>Fresh Fruit | Salad Bar<br>Homemade Bread<br>(E*, G, MK, SO)<br>Fresh Fruit | Salad Bar<br>Homemade Bread<br>(E*, G, MK, SO)<br>Fresh Fruit | Salad Bar<br>Homemade Bread<br>(E*, G, MK, SO)<br>Fresh Fruit        |  |

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## [WEEKL! MENU] Week 3

Week Commencing: Mon 29th Apr - Mon 20th May - Mon 17th Jun - Mon 8th Jul

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|---|----------------------------------|---|---|--|--|---|--|
| < |                                  | Monday  | Tuesday   | Wednesday  | Thursday   | Friday  |  |
|   | Main<br>Dish of<br>the Day       | Macaroni Cheese<br>(G, MK)  | BBQ Chicken Pizza<br>(G, MK)                                  | Roast Turkey ↓<br>Gravy  | Butchers Sausage & Crushed Potato with Gravy (CE, G, MK, SO, SU) | Fish Fingers & Chips<br>(F, G)                                |  |
|   | Vegetarian<br>Dish of the<br>Day | Chinese Vegetable<br>Stir Fry Noodles<br>(E, G, SO)                                   | Margherita Pizza<br>(G, MK)                                   | Veggie Shepherdess<br>Pie<br>(CE, MK)                          | Veggie Sausage &<br>Crushed Potato<br>with Gravy<br>(E, MK)      | Tomato & Basil<br>Pasta<br>(CE, G)                            |  |
|   | Vegetable<br>Choice              | Rice & Peas with<br>Seasonal<br>Vegetables  | Seasoned Potato<br>Wedges ↓<br>Sweetcorn                      | Rustic Roast<br>Potatoes & Medley<br>of Seasonal<br>Vegetables | Seasonal Greens  | Beans or Peas   |  |
|   | Dessert of<br>the Day            | Lemon Drizzle<br>Cake<br>(E, G, SU)   | Carrot Cake<br>Traybake<br>(E, G, MK*, SO)                    | Iced Vanilla Sponge<br>(E, G)                                  | Dutch Apple Tart<br>(E, G, MK)                                   | Double Chocolate<br>Chip Cookie<br>(E, G, MK, SO)             |  |
|   | Jacket<br>Potato Bar             | See Board for<br>Details  | See Board for<br>Details                                      | See Board for<br>Details                                       | See Board for<br>Details   | See Board for<br>Details                                      |  |
|   | Cold<br>Selection                | Salad Bar<br>Homemade Bread<br>(E*, G, MK, SO)<br>Fresh Fruit                         | Salad Bar<br>Homemade Bread<br>(E*, G, MK, SO)<br>Fresh Fruit | Salad Bar<br>Homemade Bread<br>(E*, G, MK, SO)<br>Fresh Fruit  | Salad Bar<br>Homemade Bread<br>(E*, G, MK, SO)<br>Fresh Fruit    | Salad Bar<br>Homemade Bread<br>(E*, G, MK, SO)<br>Fresh Fruit |  |

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